

DILATION-INNER HEALTH EXAMINATION

In order to carefully examine the internal health of your eye, your eyes need to be dilated. Shining a bright light into the eye in order to examine it causes the pupil to become very small, significantly limiting the view into the eyes. Dilation opens the pupil widely which enables a much better ability to evaluate the inner eye health. Dilation lasts approximately 4 hours and will affect your close vision. Far vision is rarely affected. Your eyes will be sensitive to outdoor light, but we will give you some throwaway sunglasses. If your eyes are not dilated, Dr. Rigney may not be able to detect some types of eye health problems, therefore **dilation is necessary and you will be dilated unless you specify below**. Dilation IS a covered benefit with your insurance plan, and there is no additional charge for dilation.

I do **NOT** want my eyes dilated and I release Dr. Rigney from liability in the event there is an eye health problem that could not be detected without dilation:

SIGNED: _____ **DATE:** _____

We do offer the **CLARUS - RETINAL EXAMINATION** which can take place of dilation. Diseases such as macular degeneration, glaucoma, retinal tears or detachments, as well as other health problems such as diabetes and high blood pressure can be detected with a thorough exam of the retina using the camera. A Clarus Retinal Exam also provides an overview or map of the retina giving Dr. Rigney a more detailed view than can be obtained by conventional methods, plus the Clarus provides a permanent record for your medical file enabling Dr. Rigney to make important comparisons if potential problems show themselves at a future examination. **There is an additional charge of \$59 for the Clarus retinal health examination.** If you would prefer this method of inner health examination instead of dilation, please sign here: I want the CLARUS RETINAL EXAMINATION

SIGNED: _____ **DATE:** _____